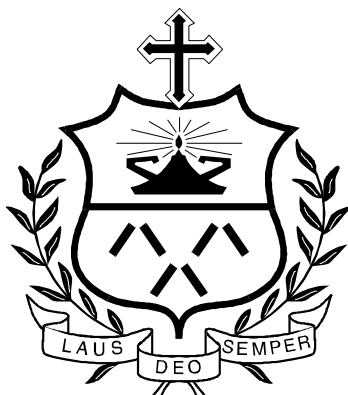


# CHAN SUI KI (LA SALLE) COLLEGE



## Inter-class Athletics Meet 2016-2017



Friday, 11<sup>th</sup> November, 2016

(8:00 a.m. to 4:30 p.m.)

Wanchai Sports Ground

Guest of Honour:



# CHAN SUI KI (LA SALLE) COLLEGE

## Inter-class Athletics Meet 2016-2017

Friday, 11<sup>th</sup> November, 2016

### Officials

**Patron:** Mr. T. L. Lee (Principal)

<b>Manager:</b>	Mr. T. S. Wong	<b>Discus:</b>	Mr. K. V. Vong (Chief) Mr. K. H. Ng Mr. H. T. Tang
<b>Equipment:</b>	Mr. K. V. Vong	<b>Javelin:</b>	Mr. K. V. Vong (Chief) Mr. K. H. Ng Mr. H. T. Tang
<b>Starters:</b>	Mr. M. H. Siu Mr. H. K. Lok	<b>Shot Put:</b>	Mr. W. H. Lam (Chief) Mr. W. L. Yeung
<b>Track Judges:</b>	Mr. W. T. Lam (Chief) Mr. K. T. Yu Mr. H. L. Lee Mr. T. F. Chau Mr. C. K. Ma Mr. K. K. Lam Mr. W. Y. Lee Mr. R. Wong	<b>Triple Jump:</b>	Mr. W. H. Lam (Chief) Mr. W. L. Yeung
<b>Marshals:</b>	Ms. K. M. Chiu (Chief) Ms. Y. Y. Koo Mr. A. Beynon Ms. H. K. Wong	<b>Long Jump:</b>	Mr. F. M. Ying (Chief) Mr. K. K. Young
<b>Marksman:</b>	Mr. M. H. Fan (Chief) Mr. H. W. Leung Prefects	<b>High Jump:</b>	Mr. K. H. Chan (Chief) Scouts
<b>Relay Takeover:</b>	Mr. K. V. Vong (Briefing) Mr. K. K. Young (1) Mr. F. M. Ying (1) Mr. W. H. Lam (2) Mr. W. L. Yeung (2) Mr. K. H. Ng (3) Mr. H. W. Leung (3)	<b>Announcers:</b>	Ms. Y. M. Lee (Chief) Ms. V. Kwok Mrs. B. Chan
<b>Timekeepers:</b>	Mr. Y. C. Chu (Chief) Ms. Y. M. Law Ms. K. Lau CSK Students	<b>Recorders:</b>	Ms. S. Chung (Chief) Ms. S. Y. Hung Ms. Y. L. Tse Ms. W. F. Tse Ms. K. Y. Leung Ms. W. S. Tong Ms. O. L. Ho
<b>Film Judges:</b>	Mrs. A. Lau (Chief) Mrs. Mak Tse CSK Students	<b>First Aid:</b>	Mr. W. K. Li Auxiliary Medical Service CSK Red Cross Unit
<b>Refreshment:</b>	Ms. W. L. Leung (Chief) Ms. M. Y. Lau Ms. W. S. Leung Prefects	<b>Runners:</b>	Scouts
<b>Prizes:</b>	Mr. K. H. Chan (Chief) Ms. Y. Y. Kwan Ms. Y. M. Chan	<b>Discipline:</b>	Mr. C. K. Wong (Chief) Mr. W. K. Wong (Prefects) Mr. K. S. Chan Ms. S. Y. Leung Ms. M. K. Tse Ms. F. Lee Ms. Y. Y. Lam Ms. S. F. Lee Ms. P. S. Lo Ms. Y. S. Choi

*Remarks: Officials please note that only soft-soled or P.E. shoes can be worn on the track.*

# Order of Events

**Friday, 11<sup>th</sup> November, 2016**

## Track Events

08:30	Event No. 1	400 m Hurdles	A	Final
08:45	Event No. 2	Staff 2000 m	Staff Only	
09:00	Event No. 3	200 m	A	4 Finals
	Event No. 4	200 m	B	5 Finals
	Event No. 5	200 m	C	4 Finals
09:40	Event No. 6	3000 m	B	Final
10:00	Event No. 7	5000 m (Time Limit = 30 min)	A	Final
10:30	Event No. 8	800 m	A	Final
	Event No. 9	800 m	B	Final
	Event No. 10	800 m	C	Final
10:45	Event No. 11	100 m	A	4 Finals
	Event No. 12	100 m	B	5 Finals
	Event No. 13	100 m	C	9 Finals
11:25	Event No. 14	400 m	A	3 Finals
	Event No. 15	400 m	B	3 Finals
	Event No. 16	400 m	C	2 Finals

## Lunch Time

13:30	Event No. 17	110 m Hurdles	A	Final
	Event No. 18	100 m Hurdles	B	Final
	Event No. 19	100 m Hurdles	C	Final
14:00	Event No. 20	1500 m	A	2 Finals
	Event No. 21	1500 m	B	Final
	Event No. 22	1500 m	C	Final
14:30	Event No. 23	4 x 400 m	A	Final
	Event No. 24	4 x 100 m	A	Final
	Event No. 25	4 x 400 m	B	Final
	Event No. 26	4 x 100 m	B	2 Finals
	Event No. 27	4 x 400 m	C	Final
	Event No. 28	4 x 100 m	C	Final
15:00	Event No. 29	Staff/Club Medley Relay (800 m, 200 m, 200 m, 400 m)		
15:20	Event No. 30	Staff/PTA 4 x 100 m Walk		

## Prize Giving Ceremony

## Field Events

08:30	Long Jump	B (28)	Final
	Shot Put	B (23)	Final
	Discus	C (19)	Final
	High Jump	C (13)	Final
09:30	High Jump	B (13)	Final
	Long Jump	A (36)	Final
	Discus	A (22)	Final
	Shot Put	C (30)	Final
10:30	Shot Put	A (27)	Final
	High Jump	A (10)	Final
	Discus	B (25)	Final
13:30	Long Jump	C (35)	Final
	Javelin	A (20)	Final
	Triple Jump	B (10)	Final
14:30	Javelin	B (20)	Final
	Triple Jump	A (10)	Final

## Important Remarks

- 1) Each event will be called **twice** only.
- 2) Competitors for **track** events **must** report to the **Marshals** on **Spectator Stand No. 6**.
- 3) Competitors for **field** events please report to the **place of competition**.
- 4) Only **5 mm to 7 mm** spikes are allowed on the Track or Jumping areas.
- 5) Throwing events are **dangerous!** Spectators are **not** allowed on the Track or Field **at any time**.
- 6) Competitors must return to the spectators stand after competitions.

## Track Events

### Event No. 1 A Grade 400 m Hurdles

SD1: 1'25.00, SD2: 1'12.00", R: 1:00.09"

#### Final

Lane	Class	Name
1	---	
2	---	
3	3B 10	Fu Juen Kit
4	5C 34	Leung Brandon
5	6B 14	Li Chun Ho
6	6B 21	Wong Chi Wai
7	---	
8	---	

### Event No. 2 Staff 2000 m

R: 7:41.80"

#### Final

Name to be announced

### Event No. 3 A Grade 200 m

SD1: 29.00", SD2: 26.10", R: 22.68"

#### Final 1

Lane	Class	Name
1	---	
2	5A 20	Tang Yu Yeung
3	6C 24	Yim Chung Yue
4	6D 18	Ng Ching Hin
5	5D 27	Wong Pok Ngai
6	6C 06	Chung Yat Ming
7	6D 25	Wong Ka Wing
8	6B 05	Hung Yu Shing

#### Final 2

Lane	Class	Name
1	---	
2	6B 08	Kwok Sheung Chiu
3	6C 10	Lee Chi Man
4	6A 22	Siu Yau
5	6D 03	Cheung Siu Lam
6	5A 21	Wong Chi Kuen
7	6C 21	Wong Ho Ming
8	6D 06	Hau Cheuk Shing

### Final 3

Lane	Class	Name
1	---	
2	6C 04	Cheung Chi Ching
3	6D 28	Yee Yan Hei
4	5B 07	Chung Kui Chiu
5	6A 06	Chin Ming Sum
6	6C 14	Loo Ho Hang
7	6B 17	Ma Wing Lok
8	---	

### Final 4

Lane	Class	Name
1	---	
2	6A 09	Kwan Ching Lam
3	6D 23	Wong Chun Wang
4	5B 27	Yip Fu Tai
5	6B 07	Ko King Chak
6	6C 18	Tse Chun Hei
7	6D 07	Hui Ka Chun
8	---	

### Event No. 4 B Grade 200 m

SD1: 32.00", SD2: 27.00", R: 24.05"

#### Final 1

Lane	Class	Name
1	---	
2	3A 22	Li Chak Kei
3	3C 31	Yung Timothy Chi Him
4	4A 11	Chuang Wa Ming
5	2A 32	Yan Jian Wei
6	4C 08	Chu Chi Yung
7	3C 20	Lee Pak Long
8	4D 31	Wong Wai Yin

#### Final 2

Lane	Class	Name
1	---	
2	3C 06	Chu Chi Laung
3	4B 10	Lam Lok Hung
4	3A 23	Mo Shek Kit
5	3C 07	Ho Ka Hei
6	4D 29	Wong Tsan Shun
7	2A 24	Tam Kin Hei
8	4D 13	Cho Ching Long

**Final 3**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	3D 33	Yuen Ka Hang
3	4D 23	Lim Phoenix
4	2B 04	Cheung Pui Nam
5	4B 20	Tai Oon Hang
6	3B 12	Ho Nok Hin
7	3C 13	Lau Yan Ching
8	4D 19	Lam Pak Hei

**Final 4**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	4C 24	Mok Siu Pan
3	3C 14	Law Kwai Yin
4	2C 05	Chan Tsun Ho
5	4D 24	Poon Tsz Yeung
6	3B 17	Leung Hoi Fung
7	3D 26	Tse Chun Hei
8	---	

**Final 5**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	3B 01	Au Yeung Ching
3	4A 22	Lung Tsz Kit
4	3C 09	Lai Kwan Yu
5	4D 10	Cheung Kei Man
6	3A 17	Lam Man Lok
7	4C 13	Ho Long Kiu
8	---	

**Event No. 5 C Grade 200 m**

SD1: 35.00", SD2: 29.00", R: 26.31"

**Final 1**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1C 05	Chan Man Tik
3	2C 19	Kwong Ka Ho
4	1A 33	Yung Chak Fai
5	1D 32	Wong Yat Kiu
6	2A 22	Shek Yu Hong
7	1A 07	Ho Cheuk Lim
8	2D 12	Ho Hao Chung

**Final 2**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	2A 08	Chiu Chung Kai
3	1A 13	Leung Fung Fan
4	1D 01	Chan Ho Chai
5	2D 13	Ho Tsz Chun
6	1B 07	Choi Yik Nam
7	2C 19	Mak King San
8	1C 26	Tai Chun Long

**Final 3**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1D 09	Choi Yat Lam
3	1B 23	Siu Wing Yiu
4	2B 24	Tong Jerry
5	1C 13	Lam Tsz In
6	2C 33	Yun Tin Yau
7	1A 15	Leung Tsun Yim
8	---	

**Final 4**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1B 19	Li Wan To
3	2A 33	Yau Tsz Kin
4	2B 31	Yim Chung Ling
5	1D 23	Tang Pak Lun
6	1D 02	Chan Hoi Tik
7	2C 12	Lee Ho Kiu
8	---	

**Event No. 6 B Grade 3000 m**

SD1: 16'00", SD2: 11'25", R: 10'06.91"

**Final**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	2A 23	Shi Jiajun
2	2C 16	Lo Chun Kwan
3	2D 20	Mak Yiu Kwan
4	2D 22	Ng Young Jun
5	3B 07	Chiang Man Kit
6	3C 22	So Tsz Hey
7	3D 10	Chiu Cheuk Yin
8	4A 32	Wong Chun Yat
9	4C 36	Leung Pak Sang

**Event No. 7 A Grade 5000 m**

SD1: 26'00", SD2: 21'30", R: 16'59.87"

**Final**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	5B 18	To Chi Ho
2	5B 20	Tsoi Chun To
3	5C 14	Lau Kwan Nok
4	5D 09	Lam Ka Ki
5	5D 28	Woo Shiu Hong
6	6A 12	Lee Siu Hin
7	6B 01	Chan Ngok Shun
8	6B 02	Chen Hoi Fai
9	6D 24	Wong Ka Kit

**Event No. 8 A Grade 800 m**

SD1: 2'55", SD2: 2'28", R: 2'00.04"

**Final**

No.	Class	Name
1	4A 21	Liao Ka Kit
2	4D 16	Lai Cheuk Fai
3	5A 11	Lau Chun Yin
4	5A 13	Law Lok Yin
5	5A 16	Luk Cho Ngai
6	5B 23	Wong Kin Ming
7	5D 13	Leung Chun Yui
8	6A 18	Lo Ka Shing
9	6A 20	Mok Yat Fei
10	6A 27	Tung Ming Kit
11	6B 06	Ip Man Kin
12	6B 17	Ma Wing Lok
13	6B 23	Wong Shun Hei
14	6C 09	Lau Cheuk Fung
15	6C 12	Leung Ka Fai
16	6D 21	Tse Chun Him
17	6D 24	Wong Ka Kit

**Event No. 9 B Grade 800 m**

SD1: 3'00", SD2: 2'30", R: 2'07.48"

**Final**

No.	Class	Name
1	2A 01	Chan Cheuk Hei
2	3A 31	Yung Chun Kei
3	3B 03	Chan Johnson Chun Sang
4	3B 04	Chan Pak Hei
5	3C 22	So Tsz Hey
6	3D 08	Cheng Wang Chi
7	3D 09	Cheung Kwong Ho
8	3D 11	Fong Pak Him
9	3D 17	Lau Yu Ka
10	3D 22	Ng Yin Fung
11	3D 24	Siu Hon Wa
12	3D 30	Yeung Dik Long
13	4B 03	Cheng Tsun Yan
14	4C 06	Chan Pui Hong
15	4C 23	Ma Hing Wa
16	4C 33	Yu Yat Chun
17	4C 36	Leung Pak Sang
18	4D 24	Poon Tsz Yeung

**Event No. 10 C Grade 800 m**

SD1: 3'20", SD2: 2'43", R: 2'16.39"

**Final**

No.	Class	Name
1	1C 22	Man Pak Hei
2	1D 09	Choi Yat Lam
3	1D 17	Li Ching Yin
4	2A 09	Chung Ho Yat
5	2A 14	Lee Chin Hei
6	2A 17	Leung Chun Lim
7	2C 27	Tong Chi Yiu
8	2D 01	Au Siu Chun
9	2D 17	Leung Sze Chai

**Event No. 11 A Grade 100 m**

SD1: 14.00", SD2: 12.70", R: 11.19"

**Final 1**

Lane	Class	Name
1	6A 27	Tung Ming Kit
2	5C 17	Li Ka Chun
3	6B 11	Lau Ka Sing
4	6C 21	Wong Ho Ming
5	5C 20	Lo Yuen Fung
6	6D 25	Wong Ka Wing
7	3D 18	Lo Cheuk Wai
8	6C 26	Yung Chak Kwan

**Final 2**

Lane	Class	Name
1	5C 21	Ng Wai Kin
2	6C 17	Tsang Ying Kit
3	6B 07	Ko King Chak
4	5C 33	Yu Chak Sing
5	6D 03	Cheung Siu Lam
6	6A 07	Chung Tsz To
7	6D 22	Wan Chun Ho
8	4B 21	Tam Chin Kwong

**Final 3**

Lane	Class	Name
1	6C 02	Chan Pak Hei
2	5B 25	Yeung Cheuk Yin
3	6C 11	Lee Hung Hin
4	5D 10	Lau Shun Hei
5	6D 09	Kum Chit Hong
6	5C 27	Wong Pak Hei
7	6D 16	Lum Cheuk Hei
8	6A 08	Ip Chi Hang

**Final 4**

Lane	Class	Name
1	5D 29	Yam Ho Yin
2	6C 09	Lau Cheuk Fung
3	5D 05	Chui Ming Hang
4	6C 13	Lee Hon Sing
5	5C 16	Lee Tsun Wang
6	6B 06	Ip Man Kin
7	6A 28	Yu Bing Yan
8	5C 05	Fong Hiu Chun

**Event No. 12 B Grade 100 m**

SD1: 15.50", SD2: 13.00", R: 11.88"

**Final 1**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	4A 28	Tai Chung Hey
3	3A 18	Lau Ho Fung
4	3C 12	Lam Hi To
5	4B 04	Choi Tsz Chun
6	3B 05	Chan Tsz Yuen
7	4D 13	Cho Ching Long
8	1B 08	Guan Jun Jie

**Final 2**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	3C 21	Ng Yau Sing
3	4D 23	Lim Phoenix
4	2B 01	Chan Tsz Ho
5	4A 20	Leung Plato
6	3D 28	Wong King Fai
7	4B 20	Tai Oon Hang
8	3A 17	Lam Man Lok

**Final 3**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	3D 02	Au Manson
3	4B 22	Tang Tsz Hin
4	3A 23	Mo Shek Kit
5	3C 11	Lam Cheuk Hei
6	4A 22	Lung Tsz Kit
7	2B 09	He Jieqiang
8	4A 25	Pang Ching Nok

**Final 4**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	4C 16	Law Ching Yeung
3	2B 13	Kung Hok Man
4	4A 11	Chuang Wa Ming
5	3D 33	Yuen Ka Hang
6	3B 12	Ho Nok Hin
7	4B 32	Yu Yat Long
8	3C 13	Lau Yan Ching

**Final 5**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	3C 25	Wong Ching Hei
3	4B 10	Lam Lok Hung
4	3A 16	Lam Ho Shing
5	4D 29	Wong Tsan Shun
6	3D 13	Kwok Chi Hong
7	3B 17	Leung Hoi Fung
8	---	

**Event No. 13 C Grade 100 m**

SD1: 18.00", SD2: 13.70", R: 12.28"

**Final 1**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	1D 07	Cho Shiu Yan
2	1A 19	Ng Pak Hei
3	1B 29	Yau Lok Hei
4	2B 09	Fung Yan Lok
5	1C 13	Lam Tsz In
6	2C 26	Tam Yat Hong
7	1A 01	Chan Chung Kai
8	2D 08	Choy Cheuk Yin

**Final 2**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	1C 12	Lai Enoch Matthew
2	2B 02	Cheng Pak Hin
3	1A 32	Yu Ka Hei
4	2D 31	Wong Tin Yau
5	1B 17	Leung Shing Huen
6	1D 24	Tse Tin Yan
7	2C 31	Wong Yu Kit
8	1A 23	Tam Chak Hei

**Final 3**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	1B 15	Lee Ka Chai
2	2C 19	Mak King San
3	1C 29	Wong Wang Yin
4	1A 15	Leung Tsun Yim
5	2A 14	Lee Chin Hei
6	2B 11	Hui Ho Kwan
7	1B 30	Yuen Ka Yue
8	2D 33	Yip Tsz Chun

**Final 4**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1C 07	Choy Shing Hang
3	2A 06	Cheung Cheuk Hei
4	2B 17	Li Tsun Hin
5	1A 06	Cheung Ka Ho
6	1C 33	Yiu Chui Yin
7	1B 21	Pun Cheuk Fung
8	2C 12	Lee Ho Kiu

**Final 5**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1B 13	Kwok Chun Sang
3	2A 19	Li Victor
4	1C 09	Huang Yuk Kwan
5	1D 26	Tsui Chung Ho
6	2B 18	Moi Ching Fung
7	1A 14	Leung Hon Yu
8	2C 13	Lee Sen Yu

**Final 6**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1D 32	Wong Yat Kiu
3	1B 28	Wong Yung Hin
4	2A 07	Chin Man Chak
5	1A 16	Lim Tsz Hei
6	2D 28	Tsang Wa Kwan
7	1C 08	Choy Shing Yau
8	2B 19	Ng Cheuk Him

**Final 7**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1D 01	Chan Ho Chai
3	2A 22	Shek Yu Hong
4	1B 12	Kung Ho Yuen
5	2D 23	Poon Ka Ho
6	1C 26	Tai Chun Long
7	2B 24	Tong Jerry
8	1A 10	Lai Cheuk Lim

**Final 8**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1D 29	Wong Chik Yin
3	2B 26	Wong Chun Hin
4	1B 02	Chan Long Hin
5	2A 08	Chiu Chung Kai
6	1A 25	Wang Pok Him
7	2D 12	Ho Hao Chung
8	1C 18	Liang Pui Lok

**Final 9**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1D 21	Ng Yat Sing
3	1B 07	Choi Yik Nam
4	2B 10	Ho Kwun Tsung
5	1C 17	Li Man Hei
6	2D 02	Chan Hau Woon
7	1A 28	Wong Ki Yip
8	2B 33	Zhuang Man To

**Event No. 14 A Grade 400 m**

SD1: 1'12", SD2: 1'00", R: 51.74"

**Final 1**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	4C 27	Ng Ka Yui
2	6B 12	Lee Wai Hin
3	5B 03	Chan Hoi Cheung
4	6A 06	Chin Ming Sum
5	6B 11	Lau Ka Sing
6	5A 13	Law Lok Yin
7	6C 18	Tse Chun Hei
8	5D 22	Sit Hok Yin

**Final 2**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	6D 21	Tse Chun Him
3	5A 24	Yau Wai Lun
4	6C 15	O Hiu Yeung
5	6B 23	Wong Shun Hei
6	5B 23	Wong Kin Ming
7	6D 20	Tam King Ting
8	4C 35	Tso Long Kit

**Final 3**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	5D 29	Yam Ho Yin
2	5B 07	Chung Kui Chiu
3	5A 16	Luk Cho Ngai
4	6B 25	Zheng Wen Zuan
5	5C 34	Leung Brandon
6	6D 10	Lam Cheuk Yiu
7	5A 17	Ng Kai Chin
8	6B 14	Li Chun Ho

**Event No. 15 B Grade 400 m**

SD1: 1'18", SD2: 1'03", R: 54.97"

**Final 1**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	2A 01	Chan Cheuk Hei
3	4C 33	Yu Yat Chun
4	3C 09	Lai Kwan Yu
5	2C 05	Chan Tsun Ho
6	4D 19	Lam Pak Hei
7	3D 06	Chan Yee Lok
8	3B 03	Chan Johnson Chun Sang

**Final 2**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	3A 31	Yung Chun Kei
3	4B 03	Cheng Tsun Yan
4	3C 20	Lee Pak Long
5	4C 13	Hong Long Kiu
6	2C 04	Chan Suk Lok
7	4D 04	Chan Pak Hin
8	3C 31	Yung Timothy Chi Him

**Final 3**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	3D 17	Lau Yu Ka
3	3A 15	Lam Chun Ming
4	4C 24	Mok Siu Pan
5	3C 06	Chu Chi Laung
6	4D 01	But Tsz Tao
7	2C 07	Chen Tat Man
8	---	



**Event No. 16 C Grade 400 m**

SD1: 1'25", SD2: 1'09", R: 59.19"

**Final 1**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	1A 19	Ng Pak Hei
3	2B 15	Lau Chun Ting
4	2A 06	Cheung Cheuk Hei
5	1A 08	Ho Tsz Ho
6	2A 17	Leung Chun Lim
7	1D 23	Tang Pak Lun
8	---	

**Final 2**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	2A 02	Chan Kai Ho
3	2B 33	Zhuang Man To
4	1A 13	Leung Fung Fan
5	2C 33	Yun Tin Yau
6	1A 07	Ho Cheuk Lim
7	---	
8	---	

**-- Lunch Time --****Event No. 17 A Grade 110 m Hurdles**

SD1: 23.00", SD2: 20.00", R: 15.45"

**Final**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	5D 05	Chui Ming Hang
3	3B 10	Fu Juen Kit
4	6C 05	Cheung Chun Lam
5	5D 19	Ma Hon Wing
6	6C 03	Chan Yin Fung
7	6C 26	Yung Chak Kwan
8	---	

**Event No. 18 B Grade 100 m Hurdles**

SD1: 24.00", SD2: 19.80", R: 14.77"

**Final**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	---	
3	4B 29	Yang Tin Yi
4	3C 23	So Wai Ho
5	3D 32	Yeung Kit Man
6	4B 18	So Chak Bong
7	1B 18	Leung Tsun Hei
8	---	

**Event No. 19 C Grade 100 m Hurdles**

SD1: 26.00", SD2: 21.00", R: 15.87"

**Final**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	1A 06	Cheung Ka Ho
2	2B 19	Ng Cheuk Him
3	1A 28	Wong Ki Yip
4	2B 30	Wu Wai Kai
5	2A 33	Yau Tsz Kin
6	2B 31	Yim Chung Ling
7	1B 31	Zhou Yik Lam
8	2D 28	Tsang Wa Kwan

**Event No. 20 A Grade 1500 m**

SD1: 5'55", SD2: 5'12", R: 4'15.66"

**Final 1**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	4A 21	Liao Ka Kit
2	4C 27	Ng Ka Yui
3	5A 11	Lau Chun Yin
4	5A 21	Wong Chi Kuen
5	5A 22	Wong Tsz Hei
6	5A 24	Yau Wai Lun
7	5B 13	Lee Chun Lok
8	5B 18	To Chi Ho
9	5B 24	Wong Man Hin
10	5B 25	Yeung Cheuk Yin
11	5B 27	Yip Fu Tai
12	5D 07	Ha Tim
13	5D 22	Sit Hok Yin
14	5D 25	To Yi Him
15	5D 28	Woo Shiu Hong
16	5D 30	Yau Tsz Wai
17	6A 01	Chan Chak Hin
18	6A 04	Cheng Kai Yin
19	6A 10	Lam King Ho
20	6A 21	Shek Chun Ting
21	6A 26	Tso Ki Wai
22	6B 08	Kwok Sheung Chiu
23	6B 13	Leung King Chi
24	6B 25	Zheng Wen Xuan
25	6C 05	Cheung Chun Lam
26	6C 07	Khan Shazeb
27	6C 08	Kong Hok Lam
28	6C 12	Leung Ka Fai
29	6C 14	Loo Ho Hang
30	5A 02	Chan Ming Lung

**Final 2**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	4A 26	Poon Chun Kit
2	4C 35	Tso Long Kit
3	4D 16	Lai Cheuk Fai
4	5A 17	Ng Kai Chin
5	5A 20	Tang Yu Yeung
6	5B 03	Chan Hoi Cheung
7	5B 04	Chan Kin Leung
8	5B 11	Kwok Hin Yan
9	5B 20	Tsoi Chun To
10	5B 28	Yu Ka Ki
11	5C 33	Yu Chak Sing
12	5D 03	Cheng Cheuk Hei
13	5D 09	Lam Ka Ki
14	5D 13	Leung Chun Yui
15	5D 14	Leung Hong Yee
16	6A 03	Chan Tsz To
17	6A 12	Lee Siu Hin
18	6A 19	Lo Shing Yam
19	6A 22	Siu Yau
20	6A 24	Tsang Chi Ying
21	6B 06	Ip Man Kin
22	6B 12	Lee Wai Hin
23	6B 24	Yuen Chun Hei
24	6C 06	Chung Yat Ming
25	6C 10	Lee Chi Man
26	6C 19	Wong Chiu Wai
27	6C 22	Wong Sze Hon
28	6C 23	Yang Zhiyuan
29	5C 14	Lau Kwan Lok
30	5D 01	Chan Kin Ting

**Event No. 21 B Grade 1500 m**

SD1: 6'10", SD2: 5'20", R: 4'36.74"

**Final**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	1B 26	Wong Chun Fung
2	2A 23	Shi Jiajun
3	2B 09	He Jieqiang
4	2C 07	Chen Tat Man
5	2C 16	Lo Chun Kwan
6	3A 15	Lam Chun Ming
7	3B 07	Chiang Man Kit
8	3C 21	Ng Yau Sing
9	3D 08	Cheng Wang Chi
10	3D 10	Chiu Cheuk Yin
11	3D 22	Ng Yin Fung
12	3D 31	Yeung Ka Tung
13	4A 32	Wong Chun Yat
14	4C 06	Chan Pui Hong
15	4C 16	Lam Ha Chi
16	4C 20	Li Chak Lai

**Event No. 22 C Grade 1500 m**

SD1: 6'50", SD2: 5'45", R: 4'47.48"

**Final**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	1A 04	Chen Yat Ting
2	2B 30	Wu Wai Kai
3	2C 27	Tong Chi Yiu
4	2D 01	Au Siu Chun
5	2D 16	Lau Ngai Yung
6	2D 17	Leung Sze Chai
7	2D 23	Poon Ka Ho
8	2D 31	Wong Tin Yau
9	2D 33	Yip Tsz Chun

**Event No. 23 A Grade 4x400 m**

SD1: 4'45", SD2: 4'06", R: 3'51.98"

**Final**

<u>Lane</u>	<u>Class</u>
1	4D
2	5B
3	5C
4	6A
5	6B
6	6C
7	5D
8	5A

**Event No. 24 A Grade 4x100 m**

SD1: 55.00", SD2: 49.00", R: 47.40"

**Final**

<u>Lane</u>	<u>Class</u>
1	4C
2	5B
3	5C
4	5D
5	6A
6	6B
7	6C
8	6D

**Event No. 25 B Grade 4x400 m**

SD1: 4'55", SD2: 4'12", R: 4'03.46"

**Final**

<u>Lane</u>	<u>Class</u>
1	2A
2	3A
3	3B
4	3C
5	3D
6	4A
7	4B
8	4C
9	4D

**Event No. 26 B Grade 4x100 m**

SD1: 59.50", SD2: 50.50", R: 49.60"

**Final 1**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	2C	
3	3A	
4	3B	
5	3C	
6	3D	
7	---	
8	---	

**Final 2**

<u>Lane</u>	<u>Class</u>	<u>Name</u>
1	---	
2	4A	
3	4B	
4	4C	
5	4D	
6	---	
7	---	
8	---	

**Event No. 27 C Grade 4x400 m**

SD1: 5'20", SD2: 4'40", R: 4'32.89"

**Final**

<u>Lane</u>	<u>Class</u>
1	2B
2	2C
3	2D
4	1D

**Event No. 28 C Grade 4x100 m**

SD1: 1'15", SD2: 54.20", R: 53.78"

**Final**

<u>Lane</u>	<u>Class</u>
1	1A
2	1B
3	1C
4	1D
5	2A
6	2B
7	2C
8	2D

**Event No. 29 Staff/Club Medley Relay****(800 m, 200 m, 200 m, 400 m)**

Lanes and names of club/society to be announced

**Event No. 30 Staff/PTA 4x100 m Walk**

Lanes and teams to be announced

**Field Events****08:30 B Grade Long Jump**

SD1: 4.10 m, SD2: 4.70 m, R: 6.04 m"

**Final**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	1B 08	Guan Jun Jie
2	1B 26	Wong Chun Fung
3	2A 23	Shi Jiajun
4	2C 05	Chan Tsun Ho
5	2C 16	Lo Chun Kwan
6	2D 22	Ng Young Jun
7	3A 16	Lam Ho Shing
8	3A 19	Lau Kin Ho
9	3A 31	Yung Chun Kei
10	3B 01	Au Yeung Ching
11	3B 03	Chan Johnson Chun Sang
12	3B 05	Chan Tsz Yuen
13	3B 24	Sy King Wai
14	3C 09	Lai Kwan Yu
15	3C 23	So Wai Ho
16	3C 25	Wong Ching Hei
17	3D 04	Chan Man Ho

18	3D 08	Cheng Wang Chi
19	3D 09	Cheung Kwong Ho
20	3D 12	Ho Cheuk Lam
21	3D 25	Tsang Tsz Chung
22	3D 31	Yeung Ka Tung
23	4A 11	Chuang Wa Ming
24	4A 32	Wong Chun Yat
25	4C 16	Lam Ha Chi
26	4C 20	Li Chak Lai
27	4C 32	Yu Sze Hang
28	4D 01	But Tsz Tao

**08:30 B Grade Shot Put**

SD1: 8.00 m, SD2: 9.30 m, R: 14.36 m"

**Final**

<u>No.</u>	<u>Class</u>	<u>Name</u>
1	2A 03	Chan Wing San
2	2A 24	Tam Kin Hei
3	2A 32	Yan Jian Wei
4	2B 23	Tan Zuming

5	2C 14	Leung Chun Hei
6	2D 10	Fu Chun Ho
7	2D 20	Mak Yiu Kwan
8	2D 29	Wen Si Han
9	3A 08	Choi Yui Hin
10	3B 13	Hung Pui Chuen
11	3B 30	Wu Chak Sum
12	3C 15	Law Siu Hong
13	3C 27	Wong Pak Ho
14	3C 28	Wong Yiu Cho
15	3D 01	Augustin Earl Joshua Gonzales
16	3D 19	Lui Wa Chun
17	3D 24	Siu Hon Wa
18	3D 27	Wong Chi Kwan
19	4A 07	Cheung Adrian
20	4A 22	Lung Tsz Kit
21	4B 22	Tang Tsz Hin
22	4C 02	Chan Chun Ho
23	4C 25	Nee Kai Le

**08:30 C Grade Discus**

SD1: 15.00 m, SD2: 17.00 m, R: 28.41 m”

**Final**

No.	Class	Name
1	1A 06	Cheung Ka Ho
2	1A 29	Yam Tsz Chung
3	1A 33	Yung Chak Fai
4	1C 05	Chan Man Tik
5	1C 07	Choy Shing Hang
6	1C 29	Wong Wang Yin
7	1D 12	Hung Tsz Hin
8	1D 26	Tsui Chung Ho
9	2A 27	Wong Hong Kiu
10	2B 03	Cheung Cho Kin
11	2B 11	Hui Ho Kwan
12	2B 27	Wong Hoi Tick
13	2B 32	Yu Shing Chung
14	2D 11	Fung Yik Hei
15	2D 14	Kwan Cheuk Yin
16	2D 19	Lo Justin
17	2D 21	Mok Chun Wah
18	2D 24	Sung Hei Ting
19	2D 31	Wong Tin Yau

**08:30 C Grade High Jump**

SD1: 1.10 m, SD2: 1.30 m, R: 1.55 m”

**Final**

No.	Class	Name
1	1A 28	Wong Ki Yip
2	1B 07	Choi Yik Nam
3	1C 05	Chan Man Tik
4	1D 07	Cho Shiu Yan
5	1D 16	Lam Yuk Hei
6	1D 29	Wong Chik Yin
7	1D 32	Wong Yat Kiu
8	2A 09	Chung Ho Yat
9	2A 33	Yau Tsz Kin

10	2B 22	Szeto Jacky Tsz Ho
11	2B 30	Wu Wai Kai
12	2B 31	Yim Chung Ling
13	2D 10	Kwong Ka Ho

**09:30 B Grade High Jump**

SD1: 1.20 m, SD2: 1.47 m, R: 1.72 m”

**Final**

No.	Class	Name
1	1B 18	Leung Tsun Hei
2	2D 20	Mak Yiu Kwan
3	3A 14	Kwong Wang Chuen
4	3A 17	Lam Man Lok
5	3C 11	Lam Cheuk Hei
6	3C 24	Wong Kam Fung
7	3D 09	Cheung Kwong Ho
8	3D 32	Yeung Kit Man
9	4B 04	Choi Tsz Chun
10	4B 18	So Chak Bong
11	4C 16	Kaw Ching Yeung
12	4C 25	Nee Kai Le
13	4D 20	Lau Yu Hin

**09:30 A Grade Long Jump**

SD1: 4.50 m, SD2: 5.10 m, R: 6.51 m”

**Final**

No.	Class	Name
1	3B 10	Fu Juen Kit
2	4B 19	Suen Tin Long
3	4B 21	Tam Chin Kwong
4	5A 24	Yau Wai Lun
5	5C 05	Fong Hiu Chun
6	5C 16	Lee Tsun Wang
7	5C 17	Li Ka Chun
8	5C 20	Lo Yuen Fung
9	5C 26	Wong Hak Lun
10	5C 34	Leung Brandon
11	5D 13	Leung Chun Yui
12	5D 19	Ma Hon Wing
13	5D 21	Ng Wang Lok
14	6A 09	Kwan Chin Lam
15	6A 10	Lam King Ho
16	6A 14	Leung Kai Hong
17	6A 24	Tsang Chi Ying
18	6A 25	Tsang Tak Lok
19	6B 01	Chan Ngok Shun
20	6B 02	Chen Hoi Fai
21	6B 07	Ko King Chak
22	6B 12	Lee Wai Hin
23	6C 02	Chan Pak Hei
24	6C 03	Chan Yin Fung
25	6C 04	Cheung Chi Ching
26	6C 09	Lau Cheuk Fung
27	6C 10	Lee Chi Man
28	6C 22	Wong Sze Hon
29	6D 03	Cheung Siu Lam
30	6D 05	Chu Wai Chi

31	6D 07	Hui Ka Chun
32	6D 17	Ng Chi Kin
33	6D 18	Ng Ching Hin
34	6D 19	Or Wai Keung
35	6D 25	Wong Ka Wing
36	5D 29	Yam Ho Yin

**09:30 A Grade Discus**

SD1: 15.00 m, SD2: 21.00 m, R: 39.13 m”

**Final**

No.	Class	Name
1	4B 30	Yeung Kwan Lok
2	4C 26	Ng Chit Long
3	4D 06	Chan To
4	5A 06	Ko Chun Hin
5	5B 03	Chan Hoi Cheung
6	5B 08	Fung Hiu Fai
7	5C 23	See Too Tsz Chun
8	5D 27	Wong Pok Ngai
9	6B 11	Lau Ka Sing
10	6B 13	Leung King Chi
11	6B 21	Wong Chi Wai
12	6C 06	Cheung Chun Lam
13	6C 07	Khan Shazeb
14	6C 08	Kong Hok Lam
15	6C 16	Pan Peter
16	6C 20	Wong Chun Man
17	6C 23	Yang Zhiyuan
18	6D 06	Hau Cheuk Shing
19	6D 11	Lam Hei Long
20	6D 15	Li Wing Chung
21	6D 23	Wong Chun Wang
22	6D 27	Yam Ho Kan

**09:30 C Grade Shot Put**

SD1: 7.00 m, SD2: 7.30 m, R: 12.03 m”

**Final**

No.	Class	Name
1	1A 22	Shiu Chi Hin
2	1A 29	Yam Tsz Chung
3	1A 32	Yu Ka Hei
4	1B 03	Chan Tsz Fung
5	1B 10	Hong Xiao Kun
6	1B 30	Yuen Ka Yue
7	1C 07	Choy Shing Hang
8	1C 08	Choy Shing Yau
9	1C 09	Huang Yuk Kwan
10	1C 12	Lai Enoch Matthew
11	1C 18	Liang Pui Lok
12	1D 02	Chan Hoi Tik
13	1D 12	Hung Tsz Hin
14	1D 13	Kai Eason
15	1D 14	Kuo Chi Hang
16	1D 19	Liu Wing Him
17	1D 26	Tsui Chung Ho
18	2B 07	Fu Cheuk Lam
19	2B 14	Lam Ho Hong

20	2B 20	Ng Ka Hon
21	2B 21	Ng Tsz Chiu
22	2B 28	Wong Martin
23	2B 29	Wong Wing Lam
24	2C 01	But Cheuk Hin
25	2C 08	Hui Ying Kit
26	2D 05	Chau Chun Hei
27	2D 11	Fung Yik Hei
28	2D 14	Kwan Cheuk Yin
29	2D 19	Lo Justin
30	2D 21	Mok Chun Wah

**10:30 A Grade Shot Put**

SD1: 8.00 m, SD2: 9.00 m, R: 14.79 m”

**Final**

No.	Class	Name
1	3D 18	Lo Cheuk Wai
2	4C 26	Ng Chit Long
3	4C 27	Ng Ka Yui
4	4C 35	Tso Long Kit
5	4D 16	Lai Cheuk Fai
6	5A 06	Ko Chun Hin
7	5A 17	Ng Kai Chin
8	5A 20	Tang Yu Yang
9	5B 05	Cheung Ka Long
10	5B 12	Lui Ho Hin
11	5B 15	Ng Guillaume
12	5B 23	Wong Kin Ming
13	5C 05	Fong Hiu Chun
14	5D 27	Wong Pok Ngai
15	6A 01	Chan Chak Hin
16	6A 04	Cheng Kai Yin
17	6A 12	Lee Siu Hin
18	6A 19	Lo Shing Yam
19	6A 22	Siu Yau
20	6A 24	Tsang Chi Ying
21	6B 09	Lam Chun Ting
22	6C 16	Pan Peter
23	6C 20	Wong Chun Man
24	6D 11	Lam Hei Long
25	6D 23	Wong Chun Wang
26	6D 24	Wong Ka Kit
27	6D 27	Yam Ho Kan

**10:30 A Grade High Jump**

SD1: 1.40 m, SD2: 1.55 m, R: 1.86 m”

**Final**

No.	Class	Name
1	4C 31	Ye Wei Kai
2	5B 04	Chan Kin Leung
3	5B 24	Wong Man Hin
4	5B 26	Yeung Chun Ming
5	5D 14	Leung Hong Yee
6	5D 30	Yau Tsz Wai
7	6C 25	Yip Ho Sang
8	6D 06	Hau Cheuk Shing
9	6D 15	Li Wing Chung
10	5A 02	Chan Ming Lung

**10:30 B Grade Discus**

SD1: 19.00 m, SD2: 23.00 m, R: 47.18 m”

**Final**

No.	Class	Name
1	2B 04	Cheung Pui Nam
2	2B 25	Tsang Chun Ho
3	2D 10	Fu Chun Ho
4	2D 29	Wen Si Han
5	3A 08	Choi Yui Hin
6	3B 06	Chan Wai Lim
7	3B 08	Chow Hin Shing
8	3B 11	Fu Ka Him
9	3B 23	Singh Paramdeep
10	3C 14	Law Kwai Yin
11	3C 15	Law Siu Hong
12	3C 27	Wong Pak Ho
13	3C 28	Wong Yiu Cho
14	3D 01	Agustin Earl Joshua Gonzales
15	3D 14	Lam Chi Shing
16	3D 15	Lam King Hong
17	3D 19	Lui Wa Chun
18	3D 23	Sin Kai Chun
19	3D 29	Wong Kwun Wing
20	4A 07	Cheung Adrian
21	4A 15	Kwok Tung Yi
22	4B 07	Fun Shing Him
23	4B 20	Tai Oon Hang
24	4B 22	Tang Tsz Hin
25	4C 02	Chan Chun Ho

**13:30 C Grade Long Jump**

SD1: 3.80 m, SD2: 4.10 m, R: 5.02 m”

**Final**

No.	Class	Name
1	1A 08	Ho Tsz Ho
2	1A 10	Lai Cheuk Lim
3	1A 13	Leung Fung Fan
4	1A 16	Lim Tsz Hei
5	1A 24	Tsoi Hiu Tung
6	1A 25	Wang Pok Him
7	1B 10	Hong Xiao Kun
8	1B 21	Pun Cheuk Fung
9	1B 23	Siu Wing Yiu
10	1B 24	Sun Ho Yeung
11	1B 31	Zhou Yik Lam
12	1C 12	Lai Enoch Matthew
13	1C 20	Lo Chun Ming
14	1C 22	Man Pak Hei
15	1C 33	Yiu Chui Yin
16	1D 11	Fung Tsz Kin
17	1D 16	Lam Yuk Hei
18	1D 19	Liu Wing Him
19	1D 29	Wong Chik Yin
20	2A 02	Chan Kai Ho
21	2A 04	Chen Yat Ting
22	2A 04	Chan Cheuk Tung
23	2A 10	Keung Wan Hei

24	2A 14	Lee Chin Hei
25	2B 05	Choi Lam Chun
26	2B 10	Ho Kwun Tsung
27	2B 11	Hui Ho Kwan
28	2B 12	Hung Chi Tung
29	2B 19	Ng Cheuk Him
30	2C 10	Kwong Ka Ho
31	2C 13	Lee Sen Yu
32	2C 26	Tam Yat Hong
33	2C 31	Wong Yu Kit
34	2D 12	Ho Hao Chung
35	2D 16	Lau Ngai Yung

**13:30 A Grade Javelin**

SD1: 20.00 m, SD2: 26.00 m, R: 50.09 m”

**Final**

No.	Class	Name
1	4B 21	Tam Chin Kwong
2	4B 30	Yeung Kwan Lok
3	4D 02	Chan Chun Hei
4	4D 08	Chan Tsz Yeung
5	5B 08	Fung Hiu Fai
6	5C 21	Ng Wai Kin
7	5D 07	Ha Tim
8	5D 14	Leung Hong Yee
9	5D 19	Ma Hon Wing
10	5D 30	Yau Tsz Yui
11	6A 03	Chan Tsz To
12	6A 04	Cheng Kai Yin
13	6A 05	Cheung Yan Jun
14	6A 19	Lo Shing Yam
15	6A 25	Tsang Tak Lok
16	6A 28	Yu Bing Yan
17	6B 05	Hung Yu Shing
18	6B 13	Leung King Chi
19	6D 16	Lum Cheuk Hei
20	6D 20	Tam King Ting

**13:30 B Grade Triple Jump**

SD1: 8.50 m, SD2: 9.50 m, R: 12.04 m”

**Final**

No.	Class	Name
1	2A 01	Chan Cheuk Hei
2	2D 22	Ng Young Jun
3	3A 16	Lam Ho Shing
4	3B 01	Au Yeung Ching
5	3B 12	Ho Nok Hin
6	3B 17	Leung Hoi Fung
7	3C 23	So Wai Ho
8	3D 11	Fong Pak Him
9	4C 16	Lam Ha Chi
10	4D 20	Lau Yu Hin

**13:30 B Grade Javelin**

SD1: 18.00 m, SD2: 20.00 m, R: 49.43 m”

**Final**

No.	Class	Name
1	2A 03	Chan Wing San
2	2B 16	Lee Kin Hang
3	2C 14	Leung Chun Hei
4	3A 18	Lau Ho Fung
5	3B 23	Singh Paramdeep
6	3C 22	So Tsz Hey
7	3C 24	Wong Kam Fung
8	3D 11	Fong Pak Him
9	3D 15	Lam King Hong
10	4A 15	Kwok Tung Yi
11	4B 03	Cheng Tsun Yan
12	4B 04	Choi Tsz Chun
13	4B 10	Lam Lok Hung
14	4B 16	Ng Kwun Hang
15	4B 18	So Chak Bong
16	4B 24	Tseung Wai Cheuk
17	4C 16	Law Ching Yeung
18	4D 05	Chan Sheung Chi
19	4D 25	Tang Cheuk Him
20	4D 29	Wong Tsan Shun

**13:30 A Grade Triple Jump**

SD1: 9.10 m, SD2: 10.70 m, R: 13.17 m”

**Final**

No.	Class	Name
1	5A 13	Law Lok Yin
2	5C 16	Lee Tsun Wang
3	5C 23	See Too Tsz Chun
4	5C 26	Wong Hak Lun
5	5D 05	Chui Ming Hang
6	5D 21	Ng Wang Lok
7	6A 09	Kwan Ching Lam
8	6C 11	Lee Hung Hin
9	6C 17	Tsang Ying Kit
10	6D 07	Hui Ka Chun

**Specifications of Equipment****Throwing Events**

	A Grade	B Grade	C Grade
Shot Put	5 kg	4 kg	4 kg
Discus	1.5 kg	1 kg	1 kg
Javelin	700 g	600 g	-

**Heights of Hurdles**

	A Grade	B Grade	C Grade
400 m Hurdles	0.84 m	-	-
110 m Hurdles	0.914 m	-	-
100 m Hurdles	-	0.914 m	0.84 m

## CSK Inter-class Athletics Meet 2016-2017 Entries

<b>A Grade</b>
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<b>3B</b>	15 Ng Guillaume	04 Cheng Kai Yin
10 Fuen Juen Kit	18 To Chi Ho	05 Cheung Yan Jun
<b>3D</b>	20 Tsoi Chun To	06 Chin Ming Sum
18 Lo Cheuk Wai	23 Wong Kin Ming	07 Chung Tsz To
<b>4A</b>	24 Wong Man Hin	08 Ip Chi Hang
21 Liao Ka Kit	25 Yeung Cheuk Yin	09 Kwan Ching Lam
26 Poon Chun Kit	26 Yeung Chun Ming	10 Lam King Ho
<b>4B</b>	27 Yip Fu Tai	12 Lee Siu Hin
19 Suen Ting Long	28 Yu Ka Ki	14 Leung Kai Hong
21 Tam Chin Kwong	<b>5C</b>	18 Lo Ka Shing
30 Yeung Kwan Lok	05 Fong Hiu Chun	19 Lo Shing Yam
<b>4C</b>	08 Ho Cheuk Fai	20 Mok Yat Fei
26 Ng Chit Long	14 Lau Kwan Lok	21 Shek Chun Ting
27 Ng Ka Yui	16 Lee Tsun Wang	22 Siu Yau
30 Xu Yong Qi	17 Li Ka Chun	24 Tsang Chi Ying
31 Ye Wei Kai	20 Lo Yuen Fung	25 Tsang Tak Lok
35 Tso Long Kit	21 Ng Wai Kin	26 Tso Ki Wai
<b>4D</b>	23 See To Tsz Chun	27 Tung Ming Kit
02 Chan Chun Hei	26 Wong Hak Lun	28 Yu Bing Yan
06 Chan To	27 Wong Pak Hei	<b>6B</b>
08 Chan Tsz Yeung	28 Yau King Yuk	01 Chan Ngok Shun
16 Lai Cheuk Fai	33 Yu Chak Sing	02 Chen Hai Fai
<b>5A</b>	34 Leung Brandon	05 Hung Yu Shing
02 Chan Ming Lung	<b>5D</b>	06 Ip Man Kin
06 Ko Chun Hin	03 Chung Cheuk Hei	07 Ko King Chak
11 Lau Chun Yin	05 Chui Ming Hang	08 Kwok Sheung Chiu
13 Law Lok Yin	07 Ha Tim	09 Lam Chun Ting
16 Luk Cho Ngai	09 Lam Ka Ki	11 Lau Ka Sing
17 Ng Kai Chin	10 Lau Shun Hei	12 Lee Wai Hin
20 Tang Yu Yeung	13 Leung Chun Yui	13 Leung King Chi
21 Wong Chi Kuen	14 Leung Hong Yee	14 Li Chin Ho
22 Wong Tsz Hei	19 Ma Hon Wing	17 Ma Wing Lok
24 Yau Wai Lun	21 Ng Wang Lok	21 Wong Chi Wai
<b>5B</b>	22 Sit Hok Yin	23 Wong Shun Hei
03 Chan Hoi Cheung	25 To Yi Him	24 Yuen Chun Hei
04 Chan Kin Leung	27 Wong Pok Ngai	25 Zheng Wen Xuan
05 Cheung Ka Long	28 Woo Shiu Hong	<b>6C</b>
07 Chung Kui Chiu	29 Yam Ho Yin	02 Chan Pak Hei
08 Fung Hiu Fai	30 Yau Tsz Wai	03 Chan Yin Fung
11 Kwok Hin Yan	<b>6A</b>	04 Cheung Chi Ching
12 Lui Ho Hin	01 Chan Chak Hin	05 Cheung Chun Lam
13 Lee Chun Lok	03 Chan Tsz To	06 Chung Yat Ming



07 Khan Shazeb  
08 Kong Hok Lam  
09 Lau Cheuk Fung  
10 Lee Chi Man  
11 Lee Hung Hin  
12 Leung Ka Fai  
13 Lee Hon Sing  
14 Loo Ho Hang  
15 O Hiu Yeung  
16 Pan Peter  
17 Tsang Ying Kit  
18 Tse Chun Hei  
19 Wong Chiu Wai  
20 Wong Chun Man

21 Wong Ho Ming  
22 Wong Sze Hon  
23 Yang Zhiyuan  
24 Yim Chung Yue  
25 Yip Ho Sang  
26 Yung Chak Kwan  
**6D**  
03 Cheung Siu Lam  
05 Chu Wai Chi  
06 Hau Cheuk Shing  
07 Hui Ka Chun  
09 Kum Chit Hong  
10 Lam Cheuk Yiu  
11 Lam Hei Long

15 Li Wing Chung  
16 Lum Cheuk Hei  
17 Ng Chi Kin  
18 Ng Ching Hin  
19 Or Wai Keung  
20 Tam King Ting  
21 Tse Chun Him  
22 Wan Chun Ho  
23 Wong Chun Wang  
24 Wong Ka Kit  
25 Wong Ka Wing  
27 Yam Ho Kan  
28 Yee Yan Hei

## B Grade

**1B**  
08 Guan Jun Jie  
18 Leung Tsun Hei  
26 Wong Chun Fung  
**2A**  
01 Chan Cheuk Hei  
03 Chan Wing San  
23 Shi Jiajun  
24 Tam Kin Hei  
32 Yan Jian Wei  
**2B**  
01 Chan Tsz Ho  
04 Cheung Pui Nam  
09 He Jieqiang  
13 Kung Hok Man  
16 Le Kin Hang  
23 Tan Zuming  
25 Tang Chun Ho  
**2C**  
04 Chan Sum Lok  
05 Chan Tsun Ho  
07 Chen Tat Man  
14 Leung Chun Hei  
16 Lo Chun Kwan  
**2D**  
10 Fu Chun Ho  
20 Mak Yiu Kwan  
22 Ng Young Jun

29 Wen Si Han  
**3A**  
03 Chan Pak Ki  
04 Chau Wai Kit  
08 Choi Yui Hin  
14 Kwong Wang Chuen  
15 Lam Chun Ming  
16 Lam Ho Shing  
17 Lam Man Lok  
18 Lau Ho Fung  
19 Lau Kin Ho  
22 Li Chak Kei  
23 Mo Shek Kit  
31 Yung Chun Kei  
**3B**  
01 Au Yeung Ching  
03 Chan Johnson Chun Sang  
04 Chan Pak Hei  
05 Chan Tsz Yuen  
06 Chan Wai Lim  
07 Chiang Man Kit  
08 Chow Hin Shing  
11 Fu Ka Him  
12 Ho Nok Hin  
13 Hung Pui Chuen  
17 Leung Hoi Fung  
20 Lam Chun Fai  
23 Singh Paramdeep

24 Sy King Wai  
30 Wu Chak Sum  
**3C**  
06 Chu Chi Laung  
07 Ho Ka Hei  
09 Lai Kwan Yu  
11 Lam Cheuk Hei  
12 Lam Hi To  
13 Lau Yan Ching  
14 Law Kwai Yin  
15 Law Siu Hong  
20 Lee Pak Long  
21 Ng Yau Sing  
22 So Tsz Hey  
23 So Wai Ho  
24 Wong Kam Fung  
25 Wong Ching Hei  
27 Wong Pak Ho  
28 Wong Yiu Cho  
31 Yung Timothy Chi Him  
**3D**  
01 Augustin Earl Joshua  
Gonzales  
02 Au Manson  
04 Chan Man Ho  
06 Chan Yee Lok  
08 Cheng Wang Chi  
09 Cheung Kwong Ho

10 Chiu Cheuk Yin  
11 Fong Pak Him  
12 Ho Cheuk Lam  
13 Kwok Chi Hong  
14 Lam Chi Shing  
15 Lam King Hong  
17 Lau Yu Ka  
19 Lui Wa Chun  
22 Ng Yin Fung  
23 Sin Kai Chun  
24 Siu Hon Wa  
25 Tsang Tsz Chung  
26 Tse Chun Hei  
27 Wong Chi Kwan  
28 Wong King Fai  
29 Wong Kwan Wing  
30 Yeung Dik Long  
31 Yeung Ka Tung  
32 Yeung Kit Man  
33 Yuen Ka Hang  
**4A**  
07 Cheung Adrian  
11 Chuang Wa Ming  
15 Kwok Tung Yi

20 Leung Plato  
22 Lung Tsz Kit  
25 Pang Ching Nok  
28 Tai Chung Hey  
32 Wong Chun Yat  
**4B**  
03 Cheng Tsun Yan  
04 Choi Tsz Chun  
07 Fun Shing Him  
10 Lam Lok Hung  
16 Ng Kwun Hang  
18 So Chak Bong  
20 Tai Oon Hang  
22 Tang Tsz Hin  
24 Tseung Wai Cheuk  
29 Yang Tin Yi  
31 Yim For  
32 Yu Yat Long  
**4C**  
02 Chan Chun Ho  
06 Chan Pui Hong  
08 Chu Chi Yung  
13 Ho Long Kiu  
16 Lam Ha Chi

16 Law Ching Yeung  
20 Li Chak Lai  
23 Ma Hing Wa  
24 Mok Siu Pan  
25 Nee Kai Le  
32 Yu Sze Hang  
33 Yu Yat Chun  
36 Leung Pak Sang  
**4D**  
01 But Tsz Tao  
04 Chan Pak Hin  
05 Chan Sheung Chi  
10 Cheung Kei Man  
13 Cho Ching Lng  
19 Lam Pak Hei  
20 Lau Yu Hin  
23 Lim Phoenix  
24 Poon Tsz Yeung  
25 Tang Cheuk Him  
29 Wong Tsan Shun  
31 Wong Wai Yin

## C Grade

**1A**  
01 Chan Chung Kai  
03 Chang Jin Pong  
04 Chen Yat Ting  
06 Cheung Ka Ho  
07 Ho Cheuk Lim  
08 Ho Tse Ho  
10 Lai Cheuk Lim  
13 Leung Fung Fan  
14 Leung Hon Yu  
15 Leung Tsun Yim  
16 Lim Tsz Hei  
19 Ng Pak Hei  
22 Chiu Chi Hin  
23 Tam Chak Hei  
24 Tsoi Hiu Tung  
25 Wang Pok Him  
28 Wong Ki Yip

29 Yam Tsz Chung  
32 Yu Ka Hei  
33 Yung Chak Fai  
**1B**  
02 Chan Long Hin  
03 Chan Tsz Fung  
07 Choi Yik Nam  
10 Hong Xiao Kun  
12 Kung Ho Yuen  
13 Kwok Chun Sang  
15 Lee Ka Chai  
17 Leung Shing Huen  
19 Li Wan To  
21 Pun Cheuk Fung  
23 Siu Wing Yiu  
24 Sun Ho Yeung  
28 Wong Yung Hin  
29 Yau Lok Hei

30 Yuen Ka Yue  
31 Zhou Yik Lam  
**1C**  
05 Chan Man Tik  
07 Choy Shing Hang  
08 Choy Shing Yau  
09 Huang Yuk Kwan  
12 Lai Enoch Matthew  
13 Lam Tsz In  
17 Li Man Hei  
18 Liang Pui Lok  
20 Lo Chun Ming  
22 Man Pak Hei  
26 Tai Chun Long  
29 Wong Wang Yin  
33 Yiu Chui Yin  
**1D**  
01 Chan Ho Chai

02 Chan Hoi Tik  
07 Cho Shiu Yan  
09 Choi Yat Lam  
11 Fung Tsz Kin  
12 Hung Tsz Hin  
13 Kai Eason  
14 Kui Chi Hang  
16 Lam Yuk Hei  
17 Li Ching Yin  
19 Liu Wing Him  
21 Ng Yat Sing  
23 Tang Pak Lun  
24 Tse Tin Yan  
26 Tsui Chung Ho  
29 Wong Chik Yin  
32 Wong Yat Kiu  
**2A**  
02 Chan Kai Ho  
04 Chan Cheuk Tung  
06 Cheung Cheuk Hei  
07 Chin Man Chak  
08 Chiu Chung Kai  
09 Chung Ho Yat  
10 Keung Wan Hei  
14 Lee Chin Hei  
17 Leung Chun Lim  
19 Li Victor  
22 Shek Yu Hong  
27 Wong Hong Kiu

33 Yau Tsz Kin  
**2B**  
02 Cheng Pak Hin  
03 Cheung Cho Kin  
05 Choi Lam Chun  
07 Fu Cheuk Lam  
08 Fung Yan Lok  
10 Ho Kwun Tsung  
11 Hu Ho Kwan  
12 Hung Chi Tung  
14 Lam Ho Hong  
15 Lau Chun Ting  
17 Li Tsun Hin  
18 Moi Ching Fung  
19 Ng Cheuk Him  
20 Ng Ka Hon  
21 Ng Tsz Chiu  
22 Szeto Jacky Tsz Ho  
24 Tong Jerry  
26 Wong Chun Hin  
27 Wong Hoi Tick  
28 Wong Martin  
29 Wong Wing Lam  
30 Wu Wai Kai  
31 Yim Chung Ling  
32 Yu Shing Chung  
33 Zhuang Man To  
**2C**  
01 But Cheuk Hin

08 Hui Ying Kit  
10 Kwong Ka Ho  
12 Lee Ho Kiu  
13 Lee Sen Yu  
19 Mak King San  
26 Tam Yat Hong  
27 Tong Chi Yiu  
30 Wong Ho Long  
31 Wong Yu Kit  
33 Yun Tin Yau  
**2D**  
01 Au Siu Chun  
02 Chan Hau Woon  
05 Chau Chun Hei  
08 Choy Cheuk Yin  
11 Fung Yik Hei  
12 Ho Hao Chung  
13 Ho Tsz Chun  
14 Kwan Cheuk Yin  
16 Lau Ngai Yung  
17 Leung Sze Chai  
19 Lo Justin  
21 Mok Chun Wah  
23 Poon Ka Ho  
24 Sung Hei Ting  
28 Tsang Wa Kwan  
31 Wong Tin Yau  
33 Yip Tsz Chun

## CSK ATHLETICS RECORDS (Up to September, 2016)

### A Grade

Event	Name	Class	Result	Year
100 m	Wong Chi Keung	6A	11.19"	1992
200 m	Wong Chi Keung	6A	22.68"	1992
400 m	Sung Ka Chun	5A	51.74"	1982
800 m	To Sze Wai	6A	2'00.04"	1991
1500 m	Wong Tak Shing	7A	4'15.66"	1984
5000 m	Wong Tak Shing	7A	16'59.87"	1983
110 m H (1.0 m)	Pang Kwan Hung	6A	15.80"	1976
110 m H (0.914 m)	Wong Kai Chun	4A	15.45"	2008
400 m H (0.914 m)	Tso Chi Kit	6A	58.87"	1984
400 m H (0.84 m)	Wong Cheuk Lun	7B	1'00.09"	2012
High Jump	Tse Ka Ho	5C	1.86 m	1993
Long Jump	Leung Yat Ho	6A	6.51 m	2002
Triple Jump	Lee Chun Fai	5A	13.17 m	1981
Shot Put (5.44 Kg)	Ng Kwok Hung	4B	13.67 m	1987
Shot Put (5 Kg)	Ngan Tsz Cheung	6D	14.79 m	2014
Discus	Ngan Tsz Cheung	5D	39.13 m	2013
Javelin	Li Ka Ho	5E	50.09 m	2015
4 x 100 m Relay		7A	47.40"	1980
4 x 400 m Relay		7A	3'51.98"	1991

### B Grade

Event	Name	Class	Result	Year
100 m	Lau Ying Yeung	3E	11.88"	2013
200 m	Wong Chun Kiu	4C	24.05"	2006
400 m	Li Hin Yu	4D	54.97"	2012
800 m	Chan Kai Chieh	4E	2'07.48"	2012
1500 m	So Wai Chung	4E	4'36.74"	2008
3000 m	Mak Him Kwan	3C	10'06.91"	2007
100 m Hurdles	Chau Chi Kiu	4C	14.77"	2010
High Jump	Yip Ho Sang	4C	1.77 m	2015
Long Jump	Leung Yat Ho	4E	6.04 m	2000
Triple Jump	Leung Yat Ho	4E	12.04 m	2000
Shot Put	Ngan Tsz Cheung	4D	14.36 m	2012
Discus	Ngan Tsz Cheung	4D	47.18 m	2012
Javelin	Li Ka Ho	4E	49.43 m	2014
4 x 100 m Relay		3B	49.60"	2015
4 x 400 m Relay		4E	4'03.46"	2011

### C Grade

Event	Name	Class	Result	Year
100 m	Wong Chun Kiu	2B	12.28"	2004
200 m	Chan Kwai Lam	1B	26.31"	2002
400 m	Wong Chun Kiu	2B	59.19"	2004
800 m	Kum Hoi Chung	2A	2'16.39"	2008
1500 m	Kum Hoi Chung	2A	4'47.48"	2008
100 m Hurdles	Chau Chi Kiu	2D	15.87"	2009
High Jump	So Chak Pong	2C	1.60 m	2015
Long Jump	Liu Yau Shing	1D	5.02 m	2002
Shot Put	Chan Ka Wai Gary	2B	12.03 m	2007
Discus	Lai Hiu Long	2B	28.41 m	2013
4 x 100 m Relay		2B	53.78"	2013
4 x 400 m Relay		2A	4'32.89"	2007

### Others

Event	Name	Result	Year
Staff 3000 m	Mr. T. S. Wong	11'32.07"	2006
Staff 2000 m	Mr. T. S. Wong	7'41.80"	2011